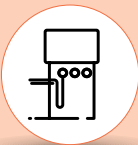


ALLEVIATING SYMPTOMS IN PATIENTS UNDERGOING LONG-TERM HEMODIALYSIS: A FOCUS ON CHRONIC KIDNEY DISEASE-ASSOCIATED PRURITUS¹

Agarwal R, et al. *Clin Kidney J.* 2022;sfac187.

CKD-ASSOCIATED PRURITUS:¹⁻⁴



affects up to **67%** of patients on haemodialysis



can significantly reduce patients' **quality of life**



is associated with **worse clinical outcomes**

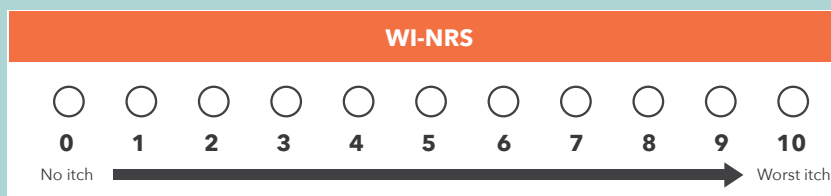


still remains **under-recognised** and **under-reported**

STEPS FOR THE IDENTIFICATION AND ASSESSMENT OF CKD-ASSOCIATED PRURITUS¹

1 Ask patients every three months whether they itch
If their answer is "yes", exclude alternative causes of itching

2 Encourage patients to rate the level of their itch intensity, by marking the worst itch they felt in the past 24 hours



3 Let patients select the profile that best describes the impact of itch on their QoL

SADS		
☐ Patient A	☐ Patient B	☐ Patient C
- I do not generally have scratch marks on my skin - I do not generally have a problem sleeping because of itching - My itching does not generally make me feel agitated or sad	- I sometimes have scratch marks on my skin - I sometimes have problems sleeping because of itching - My itching can sometimes make me feel agitated or sad	- I often have scratch marks on my skin that may or may not bleed or get infected - I often have a problem sleeping because of itching - My itching often makes me feel agitated or sad

YOUR PATIENT SUFFERS FROM MODERATE-TO-SEVERE CKD-ASSOCIATED PRURITUS IN CASES OF:¹

WI-NRS ≥ 4



SADS B or C