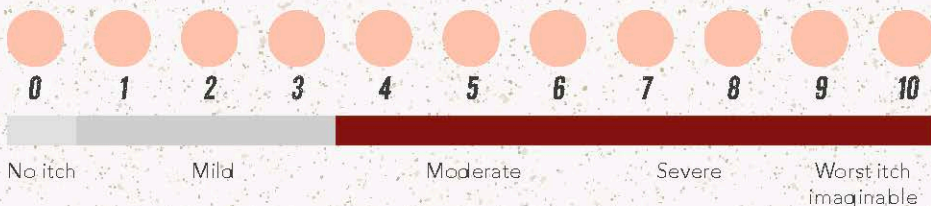


PRURITUS INTENSITY

Please complete this form and share it with your nephrologist or renal nurse during your next appointment.

PLEASE RATE THE WORST ITCH YOU FELT IN THE PREVIOUS 24 HOURS:



IMPACT OF PRURITUS ON QUALITY OF LIFE

WHICH OF THESE PATIENTS RESEMBLES YOU MOST?



PATIENT A (MILD):

- I do not generally have scratch marks on my skin
- I do not generally have a problem sleeping because of itching
- My itching does not generally make me feel agitated or sad



PATIENT B (MODERATE):

- I sometimes have scratch marks on my skin
- I sometimes have problems sleeping because of itching
- My itching can sometimes make me feel agitated or sad



PATIENT C (SEVERE):

- I often have scratch marks on my skin that may or may not bleed or get infected
- I often have a problem sleeping because of itching
- My itching often makes me feel agitated or sad

References: 1. Storck M, et al. *J Eur Acad Dermatol Venereol.* 2021; 35(5): 1176-1185. 2. Phan NC, et al. *Acta Derm Venereol.* 2012; 92: 502-7. 3. Verweyen E, et al. *Acta Derm Venereol.* 2019; 99: 657-66. 4. Mathur VS, et al. *Clin J Am Soc Nephrol.* 2010; 5: 1410-19.

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